

# The Comox Valley Tri-K Triathlon Results 2008

Number	Name or Team Name	From	E P C P		v i a l		Swim		T1	Bike	Bike	After		T2	Run	Run	Total			
			A	S	e	a	(or 1st Run	g				e	n					c	for Duathlon)	Time...Place
<b>Event 1 MINI Individual Males 8 - 9 years old</b>																				
<b>Event 1</b>	<b>MINI</b>	<b>Individual Males</b>	<b>8 - 9 years old</b>	<b>Category</b>	<b>1</b>	<b>8 - 9 years old</b>														
277	NICHOLAS MITCHELL	COMOX	8 M	1	1	0:02:44	3	0:02:44	1	0:16:40	1	03:20	0:22:08	1	-0:01:30	0	0:09:12	1	06:08	0:29:50
465	ANDREW DANIELS	CAMPBELL RIVER	8 M	2	2	0:02:41	2	0:03:44	4	0:17:30	2	03:30	0:23:55	2	-0:02:34	0	0:11:47	5	07:51	0:33:08
251	CHARLIE PETRIE	COMOX	9 M	3	3	0:03:31	5	0:03:04	2	0:18:55	3	03:47	0:25:30	3	-0:02:40	0	0:11:39	4	07:46	0:34:29
318	DYLAN SITKO	COURTENAY	8 M	4	4	0:03:40	6	0:03:50	5	0:19:00	4	03:48	0:26:30	4	-0:01:54	0	0:10:20	2	06:53	0:34:56
300	ADAM DUNN	COURTENAY	9 M	5	5	0:02:10	1	0:04:18	6	0:20:20	6	04:04	0:26:48	5	-0:01:44	0	0:11:07	3	07:24	0:36:11
301	NICHOLAS HACKERT	COMOX	9 M	6	6	0:04:13	7	0:03:30	3	0:19:22	5	03:52	0:27:05	6	-0:01:55	0	0:12:36	6	08:24	0:37:46
254	PAYTON SILVESTER	COURTENAY	8 M	7	7	0:02:50	4	0:04:23	7	0:21:49	7	04:21	0:29:02	7	-0:02:50	1	0:14:35	7	09:43	0:40:47
<b>Event 2 MINI Individual Females 8 - 9 years old</b>																				
<b>Event 2</b>	<b>MINI</b>	<b>Individual Females</b>	<b>8 - 9 years</b>	<b>Category</b>	<b>1</b>	<b>8 - 9 years old</b>														
471	NATALIE BLECHA	COMOX	9 F	1	1	0:02:56	5	0:03:17	1	0:17:55	1	03:35	0:24:08	1	-0:01:23	0	0:11:35	1	07:43	0:34:20
220	JORDYN RYAN	COMOX	9 F	2	2	0:02:02	1	0:04:34	4	0:19:58	4	03:59	0:26:34	2	-0:01:42	0	0:11:57	3	07:58	0:36:49
470	CAMRYN CURTZ	COMOX	9 F	3	3	0:03:57	7	0:04:11	3	0:18:46	2	03:45	0:26:54	3	-0:01:48	0	0:13:06	4	08:44	0:38:12
352	SIDNEY DEMUTH	CAMPBELL RIVER	8 F	4	4	0:02:55	4	0:03:48	2	0:20:11	5	04:02	0:26:54	3	-0:02:09	0	0:13:58	7	09:18	0:38:43
296	BRAILYN RYDMAN	LAZO	7 F	5	5	0:02:25	2	0:06:58	7	0:19:47	3	03:57	0:29:10	5	-0:02:12	0	0:11:52	2	07:54	0:38:50
307	MYIA DUNN	COURTENAY	8 F	6	6	0:02:32	3	0:05:34	5	0:21:24	6	04:16	0:29:30	6	-0:02:24	0	0:13:37	6	09:04	0:40:43
294	GRACE SHEWELT	COMOX	9 F	7	7	0:03:22	6	0:06:01	6	0:24:00	7	04:48	0:33:23	7	-0:02:28	1	0:13:26	5	08:57	0:44:21
<b>Event 3 MINI Individuals Males 10 -11 years old</b>																				
<b>Event 3</b>	<b>MINI</b>	<b>Individuals Males</b>	<b>10 -11 years</b>	<b>Category</b>	<b>1</b>	<b>10 - 11 years old</b>														
282	YURIAH KASKA	COURTENAY	10 M	1	1	0:02:42	3	0:02:10	1	0:14:37	1	01:27	0:19:29	1	-0:01:07	0	0:15:14	4	07:37	0:33:36
223	JACKSON JAMES	NANAIMO	11 M	2	2	0:02:34	2	0:02:56	3	0:22:45	2	02:16	0:28:15	2	-0:01:33	0	0:11:47	2	05:53	0:38:29
290	JARED SAWATZKY	COMOX	10 M	3	3	0:02:32	1	0:02:46	2	0:25:40	3	02:34	0:30:58	3	-0:01:54	0	0:15:02	3	07:31	0:44:06
289	ALEX BROWN	COMOX	11 M	4	4	0:04:27	6	0:04:18	6	0:28:10	5	02:49	0:36:55	6	-0:01:51	0	0:11:45	1	05:52	0:46:49
353	LANDON SEELEY	COMOX	10 M	5	5	0:03:13	4	0:03:31	5	0:27:35	4	02:45	0:34:19	4	-0:02:47	0	0:16:47	6	08:23	0:48:19
351	MICHAEL JUNG	COURTENAY	10 M	6	6	0:04:10	5	0:03:18	4	0:28:50	6	02:53	0:36:18	5	-0:02:41	0	0:15:47	5	07:53	0:49:24
258	ZACK FIERET	COURTENAY	10 M	7	7	0:07:13	7	0:04:44	7	0:34:49	7	03:28	0:46:46	7	-0:03:13	1	0:25:35	7	12:47	1:09:08
<b>Event 4 MINI Individuals Female 10 - 11 years old</b>																				
<b>Event 4</b>	<b>MINI</b>	<b>Individuals Female</b>	<b>10 - 11 years</b>	<b>Category</b>	<b>1</b>	<b>10 - 11 years old</b>														
291	GILLIAN ELLSAY	COURTENAY	11 F	1	1	0:02:36	1	0:02:01	1	0:19:58	1	01:59	0:24:35	1	-0:01:12	0	0:10:54	1	05:27	0:34:17
256	SYLVIE STEWART GRANTHAM	COURTENAY	10 F	2	2	0:03:01	2	0:03:58	4	0:26:03	2	02:36	0:33:02	2	-0:01:39	0	0:12:12	2	06:06	0:43:35
226	ISABELLE POULIN	NANAIMO	10 F	3	3	0:03:33	4	0:02:48	2	0:27:19	3	02:43	0:33:40	3	-0:01:48	0	0:13:58	3	06:59	0:45:50
232	BREANNA KOSSEY	LANTZVILLE	10 F	4	4	0:03:28	3	0:03:20	3	0:31:31	4	03:09	0:38:19	4	-0:02:04	1	0:16:41	4	08:20	0:52:56
<b>Event 5 MINI Individuals Male 12 - 17 years old</b>																				
<b>Event 5</b>	<b>MINI</b>	<b>Individuals Male</b>	<b>12 - 17 years</b>	<b>Category</b>	<b>1</b>	<b>12 - 14 years old</b>														
293	NIGEL ELLSAY	COURTENAY	14 M	1	1	0:04:18	2	0:01:38	1	0:15:53	1	01:35	0:21:49	1	-0:01:09	0	0:10:25	1	03:28	0:31:05
466	ERIK WRIGHT	CAMPBELL RIVER	14 M	2	2	0:04:48	3	0:02:11	2	0:16:33	2	01:39	0:23:32	2	0:00:01	1	0:10:39	2	03:33	0:34:12
276	SPENCER BURNS	POWELL RIVER	13 M	3	3	0:04:17	1	0:02:11	2	0:17:43	3	01:46	0:24:11	3	-0:01:30	0	0:13:12	6	04:24	0:35:53
298	JORDAN DUNCAN	COMOX	13 M	5	4	0:07:33	8	0:02:23	4	0:19:36	4	01:57	0:29:32	4	-0:02:06	0	0:15:59	11	05:19	0:43:25
431	TOBY DIGNEY	LANTZVILLE	13 M	6	5	0:05:41	5	0:02:31	6	0:24:57	9	02:29	0:33:09	8	-0:01:15	0	0:11:48	3	03:56	0:43:42
427	JAKE VAN DER VLIET	COURTENAY	13 M	7	6	0:08:25	11	0:02:50	9	0:19:47	5	01:58	0:31:02	5	-0:01:20	0	0:14:01	8	04:40	0:43:43
261	GREG VERSLUIS	CAMPBELL RIVER	14 M	8	7	0:07:54	9	0:03:00	11	0:20:52	6	02:05	0:31:46	6	-0:02:14	0	0:14:37	10	04:52	0:44:09
259	CARLOS BRENCHELY	COURTENAY	13 M	9	8	0:08:28	14	0:02:37	7	0:22:14	7	02:13	0:33:19	9	0:00:03	2	0:12:34	4	04:11	0:45:56
292	ALEX KUSSAUER	COURTENAY	12 M	11	9	0:05:19	4	0:02:58	10	0:24:03	8	02:24	0:32:20	7	-0:01:18	0	0:16:53	13	05:37	0:47:55
429	MATT GIRODAY	NANAIMO	13 M	12	10	0:08:27	13	0:03:17	12	0:25:50	10	02:35	0:37:34	11	-0:00:56	0	0:13:24	7	04:28	0:50:02
430	MICHAEL PEREIRA	NANAIMO	13 M	13	11	0:07:28	7	0:04:18	14	0:26:14	11	02:37	0:38:00	12	-0:00:52	0	0:13:02	5	04:20	0:50:10
428	DANIEL TRNONG	NANAIMO	12 M	14	12	0:05:53	6	0:02:46	8	0:26:43	12	02:40	0:35:22	10	-0:01:05	0	0:16:41	12	05:33	0:50:58
432	THOMAS BAAN	NANOOSE BAY	14 M	15	13	0:11:38	15	0:04:17	13	0:30:22	13	03:02	0:46:17	14	-0:01:35	0	0:14:23	9	04:47	0:59:05
433	GARRETT BROWN	NANAIMO	13 M	16	14	0:08:26	12	0:02:25	5	0:30:31	14	03:03	0:41:22	13	-0:01:29	0	0:21:26	14	07:08	1:01:19
280	BENJAMIN HELPARD	COMOX	12 M	17	15	0:07:58	10	0:04:53	15	0:34:54	15	03:29	0:47:45	15	-0:02:45	0	0:22:00	15	07:20	1:07:00
<b>Event 5 MINI Individuals Male 12 - 17 years</b>																				
<b>Event 5</b>	<b>MINI</b>	<b>Individuals Male</b>	<b>12 - 17 years</b>	<b>Category</b>	<b>2</b>	<b>15 - 17 years old</b>														
446	MATTHEW BARCLAY	HERIOT BAY	15 M	4	1	0:05:51	1	0:02:40	2	0:18:53	1	01:53	0:27:24	1	-0:00:53	0	0:12:54	2	04:18	0:39:25
425	SANDY LEE	COURTENAY	15 M	10	2	0:05:58	2	0:02:20	1	0:27:12	2	02:43	0:35:30	2	-0:01:13	0	0:11:51	1	03:57	0:46:08

Number	Name or Team Name	From	E P C P v i a l S w i m A S e a t a (or 1st Run g e n c c for Duathlon)		T1 Time...Place	Bike Time...Place	Bike TPK	After Bike		T2 Time...Place	Run Time...Place	Run TPK	Total Time						
			e x t e	e				Time...Place	Time...Place										
<b>Event 6 MINI Individuals Female 12 - 17 years old</b>																			
<b>Event 6</b>	<b>MINI</b>	<b>Individuals Female</b>	<b>12 - 17 years</b>	<b>Category 1</b>	<b>12 - 14 years old</b>														
354	BERNADETTE MOORE	COMOX	13 F 1 1	1	0:05:57	8	0:02:08	1	0:20:35	1	02:03	0:28:40	1	-0:01:07	0	0:12:48	3	04:16	0:40:21
245	DANA BEIRNES	COURTENAY	14 F 2 2	2	0:05:33	4	0:02:50	6	0:20:36	2	02:03	0:28:59	2	-0:01:13	1	0:12:36	2	04:12	0:40:22
448	SPENCER MANTON	NANAIMO	12 F 4 3	3	0:05:12	2	0:03:30	9	0:24:21	6	02:26	0:33:03	6	-0:02:18	0	0:13:16	5	04:25	0:44:01
447	TAYLOR MANTON	NANAIMO	14 F 5 4	4	0:05:14	3	0:03:12	8	0:24:06	5	02:24	0:32:32	5	-0:01:42	0	0:13:13	4	04:24	0:44:03
235	ANABELLE ST. DENIS	COMOX	12 F 6 5	5	0:05:52	6	0:02:33	4	0:23:37	4	02:21	0:32:02	4	-0:01:07	0	0:14:39	10	04:53	0:45:34
312	YASMINE BOILARD	COURTENAY	13 F 7 6	6	0:05:42	5	0:02:22	2	0:23:05	3	02:18	0:31:09	3	-0:01:26	0	0:16:02	11	05:20	0:45:45
434	MADLINE TORRIE	LANTZVILLE	13 F 8 7	7	0:05:57	8	0:03:58	12	0:25:19	7	02:31	0:35:14	8	-0:01:13	0	0:13:19	6	04:26	0:47:20
435	ERYN WHITE	QUALICUM	13 F 9 8	8	0:05:55	7	0:02:31	3	0:26:52	9	02:41	0:35:18	9	-0:01:07	0	0:13:57	9	04:39	0:48:08
437	SARAH KALWEIT	NANAIMO	12 F 10 9	9	0:05:06	1	0:03:00	7	0:26:35	8	02:39	0:34:41	7	-0:01:56	0	0:16:55	13	05:38	0:49:40
454	MARNIE DENHAM-CLARE	COURTENAY	12 F 11 10	10	0:07:50	10	0:03:42	10	0:29:16	12	02:55	0:40:48	11	-0:01:24	0	0:11:54	1	03:58	0:51:18
436	RACHEL MILLER	NANAIMO	13 F 12 11	11	0:08:52	11	0:02:37	5	0:28:05	10	02:48	0:39:34	10	-0:00:30	0	0:13:46	8	04:35	0:52:50
438	MADDY MEYER	NANOOSE BAY	13 F 13 12	12	0:09:43	13	0:03:43	11	0:29:04	11	02:54	0:42:30	12	-0:01:30	0	0:13:33	7	04:31	0:54:33
279	SHAYNA BOX	BLACK CREEK	12 F 14 13	13	0:09:02	12	0:05:17	13	0:32:42	13	03:16	0:47:01	13	-0:01:48	0	0:16:42	12	05:34	1:01:55
<b>Event 6</b>	<b>MINI</b>	<b>Individuals Female</b>	<b>12 - 17 years</b>	<b>Category 2</b>	<b>15 - 17 years old</b>														
469	HANNAH BELLAMY	COURTENAY	16 F 3 1	1	0:05:52	1	0:02:53	1	0:21:35	1	02:09	0:30:20	1	-0:01:33	0	0:14:02	1	04:40	0:42:49
<b>Event 7 MINI Teams 8 - 9 years old</b>																			
<b>Event 7</b>	<b>MINI</b>	<b>Teams</b>	<b>8 - 9 years old</b>	<b>Category 1</b>	<b>Males</b>														
374	B. C. ALL STARS	COURTENAY	9 M 1 1	1	0:02:23	2	0:01:37	2	0:15:18	1	03:03	0:19:18	1	-0:00:57	0	0:08:05	1	05:23	0:26:26
375	SPEEDY SPITFIRES	COMOX	9 M 2 2	2	0:01:38	1	0:01:32	1	0:18:05	5	03:37	0:21:15	3	-0:01:39	0	0:08:35	2	05:43	0:28:11
358	THE JETS	COURTENAY	8 M 3 3	3	0:02:26	3	0:01:46	3	0:16:49	3	03:21	0:21:01	2	-0:00:59	0	0:08:56	3	05:57	0:28:58
372	THREE ROVERS	COURTENAY	9 M 5 4	4	0:04:00	9	0:01:58	6	0:15:44	2	03:08	0:21:42	4	-0:01:23	0	0:09:08	4	06:05	0:29:27
456	THE LIGHTNING THIEVES	COMOX	9 M 8 5	5	0:03:07	5	0:01:48	4	0:18:05	5	03:37	0:23:00	5	-0:01:52	0	0:10:22	7	06:54	0:31:30
439	RED DOG LEADER	COMOX	8 M 9 6	6	0:03:37	6	0:01:50	5	0:18:21	7	03:40	0:23:48	7	-0:01:23	0	0:09:25	5	06:16	0:31:50
373	PEOPLE'S TEAM	COURTENAY	8 M 10 7	7	0:03:44	7	0:02:02	8	0:18:00	4	03:36	0:23:46	6	-0:01:10	0	0:09:36	6	06:24	0:32:12
455	THE JEDI KNIGHTS	COMOX	9 M 13 8	8	0:03:46	8	0:02:00	7	0:18:21	7	03:40	0:24:07	8	-0:01:34	0	0:10:25	8	06:56	0:32:58
359	TEAM EXTREME	COMOX	9 M 15 9	9	0:02:57	4	0:03:34	9	0:19:34	9	03:54	0:26:05	9	-0:02:09	1	0:11:41	9	07:47	0:35:37
<b>Event 7</b>	<b>MINI</b>	<b>Teams</b>	<b>8 - 9 years old</b>	<b>Category 2</b>	<b>Females</b>														
377	THE CHEETAH'S	COURTENAY	9 F 3 1	1	0:01:50	1	0:01:33	1	0:17:45	1	03:33	0:21:08	1	-0:01:15	1	0:09:05	1	06:03	0:28:58
360	GOOLIE EYEBALLS	BLACK CREEK	9 F 11 2	2	0:03:23	2	0:02:10	3	0:18:10	2	03:38	0:23:43	2	-0:02:15	0	0:11:21	3	07:34	0:32:49
400	DARING DEVILS	COMOX	9 F 14 3	3	0:03:42	3	0:01:37	2	0:21:20	3	04:16	0:26:39	3	-0:01:23	0	0:09:33	2	06:22	0:34:49
<b>Event 7</b>	<b>MINI</b>	<b>Teams</b>	<b>8 - 9 years old</b>	<b>Category 3</b>	<b>Mixed</b>														
378	TRI-MATES	LAZO	9 F 6 1	1	0:02:46	2	0:02:17	2	0:17:19	1	03:27	0:22:22	1	-0:01:27	1	0:08:44	1	05:49	0:29:39
355	THE BEAR'S NOSE	COURTENAY	9 M 7 2	2	0:03:02	3	0:01:54	1	0:17:28	2	03:29	0:22:24	2	-0:01:07	0	0:09:13	2	06:08	0:30:30
392	MINI MAPLE LEAVES	COURTENAY	9 F 12 3	3	0:01:43	1	0:02:26	3	0:20:11	3	04:02	0:24:20	3	-0:01:24	0	0:10:00	3	06:40	0:32:56
<b>Event 8 MINI Teams 10 - 11 years old</b>																			
<b>Event 8</b>	<b>MINI</b>	<b>Teams</b>	<b>10 - 11 years old</b>	<b>Category 1</b>	<b>Males</b>														
401	COLE MOORE'S TEAM	COMOX	11 M 3 1	1	0:03:30	7	0:01:30	3	0:21:35	1	02:09	0:26:35	1	-0:01:00	0	0:08:55	2	04:27	0:34:30
412	MICROCHIP	COURTENAY	11 M 6 2	2	0:03:16	3	0:01:42	9	0:23:22	3	02:20	0:28:20	5	-0:01:00	0	0:09:31	3	04:45	0:36:51
362	KUNG-FU MONKIES	COURTENAY	11 M 7 3	3	0:02:07	1	0:01:25	2	0:23:54	5	02:23	0:27:26	2	-0:00:55	1	0:10:33	8	05:16	0:37:04
458	3 AMIGOS	COURTENAY	11 M 8 4	4	0:02:28	2	0:01:53	11	0:23:42	4	02:22	0:28:03	4	-0:01:29	0	0:11:03	12	05:31	0:37:37
406	COMOX CRUISERS	COMOX	10 M 9 5	5	0:03:39	9	0:01:39	7	0:22:22	2	02:14	0:27:40	3	-0:00:58	0	0:10:58	11	05:29	0:37:40
423	MARINERS	COMOX	10 M 12 6	6	0:03:37	8	0:01:37	6	0:25:10	7	02:31	0:30:24	6	-0:00:54	0	0:09:41	4	04:50	0:39:11
382	THE FLAMING PUCKS	COURTENAY	10 M 14 7	7	0:04:42	13	0:01:05	1	0:27:25	13	02:44	0:33:12	12	-0:01:03	0	0:08:43	1	04:21	0:40:52
380	AIRPORT ATTACKERS	COURTENAY	10 M 15 8	8	0:03:27	5	0:01:57	14	0:26:32	10	02:39	0:31:56	8	-0:00:56	0	0:09:58	5	04:59	0:40:58
407	BLACK DEMONS	COURTENAY	10 M 16 9	9	0:03:25	4	0:01:35	5	0:26:58	12	02:41	0:31:58	9	-0:01:01	0	0:10:04	6	05:02	0:41:01
379	NICOLAS SAMSON'S TEAM	COURTENAY	10 M 17 10	10	0:04:40	12	0:01:47	10	0:25:05	6	02:30	0:31:32	7	-0:01:01	0	0:10:35	10	05:17	0:41:06
361	DOUBLE OHS	COURTENAY	11 M 19 11	11	0:04:03	10	0:01:31	4	0:26:32	10	02:39	0:32:06	10	-0:01:04	0	0:10:34	9	05:17	0:41:36
381	FLAMING ACES	COMOX	10 M 19 11	11	0:04:09	11	0:01:41	8	0:26:31	9	02:39	0:32:21	11	-0:01:04	0	0:10:19	7	05:09	0:41:36
408	FABLED THUNDERBIRDS	COMOX	9 M 33 13	13	0:05:15	14	0:01:53	11	0:26:14	8	02:37	0:33:22	13	-0:01:26	0	0:16:42	14	08:21	0:48:38
376	THE 3 STARS	COMOX	10 M 35 14	14	0:03:27	5	0:01:54	13	0:34:52	14	03:29	0:40:13	14	-0:03:46	0	0:13:07	13	06:33	0:49:34
<b>Event 8</b>	<b>MINI</b>	<b>Teams</b>	<b>10 - 11 years old</b>	<b>Category 2</b>	<b>Females</b>														
364	THE 3 CHEEKY MONKEYS	COURTENAY	11 F 4 1	1	0:02:37	1	0:01:38	3	0:20:30	1	02:03	0:24:45	1	-0:01:02	1	0:11:44	9	05:52	0:35:27

Number	Name or Team Name	From	E P C P		Swim		T1	Bike	Bike	After		T2	Run	Run	Total						
			A	S	e	a				(or 1st Run	Time...Place					Time...Place	TPK	Time...Place	Time...Place	TPK	
386	AIRPORT DEVILS	COMOX	10	F	21	2	0:03:07	3	0:01:36	2	0:26:44	4	02:40	0:31:27	2	-0:00:58	0	0:11:41	8	05:50	0:42:10
365	APPLE BOBS	COURTENAY	11	F	22	3	0:03:02	2	0:01:52	9	0:27:28	5	02:44	0:32:22	4	-0:01:05	0	0:11:32	7	05:46	0:42:49
385	ZOOM!	COMOX	10	F	23	4	0:03:19	6	0:01:46	4	0:29:18	7	02:55	0:34:23	6	-0:01:46	0	0:10:48	3	05:24	0:43:25
417	THE FLAMING RED AEROS	COMOX	10	F	24	5	0:04:59	13	0:01:58	11	0:28:18	6	02:49	0:35:15	9	-0:00:59	0	0:09:29	1	04:44	0:43:45
383	VILLAGE PARK CUBES	COMOX	10	F	26	6	0:03:31	8	0:02:49	14	0:25:23	2	02:32	0:31:43	3	0:01:49	2	0:11:27	6	05:43	0:44:59
384	CUTIEPIES 1, 2 AND 3	BLACK CREEK	11	F	27	7	0:04:13	10	0:01:46	4	0:26:32	3	02:39	0:32:31	5	-0:01:13	0	0:13:45	13	06:52	0:45:03
459	G. E. M.	BLACK CREEK	11	F	28	8	0:03:30	7	0:01:56	10	0:29:45	10	02:58	0:35:11	8	-0:01:08	0	0:11:07	5	05:33	0:45:10
410	S.H.E.	COURTENAY	10	F	29	9	0:04:39	12	0:01:23	1	0:29:36	8	02:57	0:35:38	10	-0:01:09	0	0:10:51	4	05:25	0:45:20
422	S.S.T.	COURTENAY	11	F	30	10	0:03:11	4	0:01:48	6	0:29:37	9	02:57	0:34:36	7	-0:01:08	0	0:12:38	10	06:19	0:46:06
444	MAIA BRADFIELD'S TEAM	CUMBERLAND	11	F	31	11	0:03:17	5	0:01:48	6	0:30:37	11	03:03	0:35:42	11	-0:01:21	0	0:12:54	11	06:27	0:47:15
363	THREE MUSKET BLUEBERRIES	COURTENAY	10	F	32	12	0:05:01	14	0:01:50	8	0:32:28	13	03:14	0:39:19	13	-0:01:16	0	0:10:29	2	05:14	0:48:32
402	AIRPORT STARS	COMOX	10	F	34	13	0:03:35	9	0:02:13	13	0:30:51	12	03:05	0:36:39	12	-0:02:01	0	0:14:33	14	07:16	0:49:11
440	THE BUBLITZ	COURTENAY	11	F	38	14	0:05:56	15	0:02:04	12	0:33:57	14	03:23	0:41:57	14	-0:01:01	0	0:13:20	12	06:40	0:54:16
441	SPEEDYS	COURTENAY	10	F	39	15	0:04:26	11	0:03:53	15	0:40:02	15	04:00	0:48:21	15	-0:04:35	0	0:26:48	15	13:24	1:10:34
<b>Event 8 MINI Teams 10 - 11 years old Category 3 Mixed</b>																					
457	THE ST. DENIS TEAM	COURTENAY	9	F	1	1	0:03:44	6	0:01:53	8	0:14:26	1	01:26	0:20:03	1	-0:01:01	0	0:11:27	5	05:43	0:30:29
409	SKITTLES	COURTENAY	11	F	2	2	0:02:53	3	0:01:43	6	0:17:23	2	01:44	0:21:59	2	-0:00:54	0	0:13:24	8	06:42	0:34:29
394	SUPERSONIC THREE	COURTENAY	11	F	5	3	0:02:34	2	0:01:29	1	0:21:57	3	02:11	0:26:00	3	-0:00:53	0	0:10:40	2	05:20	0:35:47
356	SAR KIDS	COURTENAY	10	F	10	4	0:02:29	1	0:01:31	2	0:23:15	4	02:19	0:27:15	4	-0:01:02	0	0:11:32	6	05:46	0:37:45
395	COMOX HAT TRICK	COMOX	11	F	11	5	0:02:59	4	0:01:42	5	0:23:26	5	02:20	0:28:07	5	-0:01:19	0	0:11:58	7	05:59	0:38:46
421	JAZMIN MCLAUGHLIN'S TEAM	COURTENAY	9	F	13	6	0:03:56	7	0:01:49	7	0:25:16	6	02:31	0:31:01	6	-0:01:11	0	0:10:27	1	05:13	0:40:17
396	THE SPRITS	DENMAN ISLAND	10	F	18	7	0:04:28	9	0:01:36	3	0:25:25	7	02:32	0:31:29	7	-0:01:06	0	0:10:50	3	05:25	0:41:13
393	THE D V B S	DENMAN ISLAND	10	F	25	8	0:04:21	8	0:01:40	4	0:28:17	8	02:49	0:34:18	8	-0:01:04	1	0:11:12	4	05:36	0:44:26
443	FLAMING EAGLES	COURTENAY	11	F	36	9	0:03:11	5	0:02:00	9	0:32:29	10	03:14	0:37:40	10	-0:00:59	0	0:14:33	9	07:16	0:51:14
411	KAYLEE TONEFF'S TEAM	COURTENAY	10	F	37	10	0:05:09	10	0:02:12	10	0:29:09	9	02:54	0:36:30	9	-0:01:45	0	0:17:12	10	08:36	0:51:57
<b>Event 9 MINI Teams 12 - 14 years old</b>																					
<b>Event 9 MINI Teams 12 - 14 years old Category 1 Males</b>																					
462	IRON BOYS	DENMAN ISLAND	14	M	1	1	0:06:16	8	0:01:37	6	0:17:22	1	01:44	0:25:15	2	-0:00:58	0	0:09:16	1	03:05	0:33:33
387	ATHLETES IN ACTION	COURTENAY	14	M	2	2	0:04:16	2	0:01:23	2	0:18:17	2	01:49	0:23:56	1	-0:00:59	1	0:10:53	8	03:37	0:33:50
389	THE CRUSADERS	COURTENAY	12	M	3	3	0:04:56	5	0:01:35	5	0:19:29	3	01:56	0:26:00	3	-0:00:55	0	0:09:28	2	03:09	0:34:33
416	HUBAND HEROS	COURTENAY	11	M	11	4	0:05:56	7	0:01:20	1	0:22:18	6	02:13	0:29:34	6	-0:00:54	0	0:10:42	6	03:34	0:39:22
403	VIPERS	COURTENAY	12	M	12	5	0:04:33	3	0:04:06	9	0:20:39	5	02:03	0:29:18	4	-0:00:11	0	0:10:33	5	03:31	0:39:40
388	PIE LOVERS	COURTENAY	11	M	14	6	0:07:39	10	0:01:29	3	0:20:25	4	02:02	0:29:33	5	0:00:44	2	0:10:10	3	03:23	0:40:27
419	POLKA DOTTED OREOS	COMOX	12	M	15	7	0:04:45	4	0:01:33	4	0:25:38	8	02:33	0:31:56	7	-0:00:53	0	0:10:20	4	03:26	0:41:23
367	MAC GOLD'S TEAM	MERVILLE	12	M	23	8	0:07:16	9	0:01:54	8	0:25:11	7	02:31	0:34:21	8	-0:01:48	0	0:12:34	9	04:11	0:45:07
404	THE FRUITIMOS	COMOX	12	M	29	9	0:04:06	1	0:01:47	7	0:34:49	10	03:28	0:40:42	9	-0:01:09	0	0:10:48	7	03:36	0:50:21
413	TYPHOONS	COURTENAY	11	M	31	10	0:05:42	6	0:07:24	10	0:34:06	9	03:24	0:47:12	10	-0:01:09	0	0:12:53	10	04:17	0:58:56
<b>Event 9 MINI Teams 12 - 14 years old Category 2 Females</b>																					
449	ALICIA SAUNDER'S TEAM	COURTENAY	13	F	5	1	0:04:52	2	0:01:43	7	0:18:56	3	01:53	0:25:31	2	-0:00:33	0	0:10:38	3	03:32	0:35:36
415	THE PUTT PUTTS	COURTENAY	13	F	6	2	0:06:17	7	0:01:41	5	0:17:33	1	01:45	0:25:31	2	-0:01:14	0	0:11:28	8	03:49	0:35:45
467	STEPHANIE HOLBROOK'S TEAM	CAMPBELL RIVER	14	F	7	3	0:03:54	1	0:01:21	1	0:20:30	5	02:03	0:25:45	4	-0:00:48	0	0:10:59	5	03:39	0:35:56
461	SPEED DEVILS	BLACK CREEK	14	F	8	4	0:05:03	3	0:01:30	3	0:20:28	4	02:02	0:27:01	5	-0:02:11	0	0:11:19	6	03:46	0:36:09
405	POLKA DUCKS	BLACK CREEK	13	F	9	5	0:05:39	6	0:01:45	8	0:20:51	6	02:05	0:28:15	6	-0:01:55	0	0:10:12	1	03:24	0:36:32
369	PRO'S WITH PONYTAILS	COURTENAY	12	F	10	6	0:05:15	4	0:01:52	10	0:18:17	2	01:49	0:25:24	1	0:00:12	1	0:10:57	4	03:39	0:36:33
370	BRADIE GAILLOUX'S TEAM	COURTENAY	13	F	13	7	0:05:37	5	0:01:24	2	0:23:19	10	02:19	0:30:20	7	-0:00:54	0	0:10:15	2	03:25	0:39:41
368	KIWI'Z	COMOX	12	F	18	8	0:07:04	9	0:02:03	11	0:22:09	8	02:12	0:31:16	9	-0:00:56	0	0:11:49	11	03:56	0:42:09
463	NANNUKS	BLACK CREEK	13	F	19	9	0:06:34	8	0:02:31	14	0:22:04	7	02:12	0:31:09	8	-0:00:51	0	0:12:22	12	04:07	0:42:40
451	CAILLIE GAUTIER-GREGORY'S TEAM	COURTENAY	14	F	21	10	0:08:51	14	0:01:48	9	0:23:01	9	02:18	0:33:40	11	-0:00:56	0	0:11:27	7	03:49	0:44:11
390	FLAMING TIGRESSES	COMOX	12	F	22	11	0:07:05	10	0:01:40	4	0:24:33	11	02:27	0:33:18	10	-0:00:55	0	0:12:26	13	04:08	0:44:49
397	THE JELLY BELLIES	DENMAN ISLAND	12	F	24	12	0:07:33	11	0:01:41	5	0:25:53	12	02:35	0:35:07	12	-0:00:18	0	0:11:38	10	03:52	0:46:27
391	POLKA DOTS	COMOX	12	F	28	13	0:07:41	12	0:02:22	13	0:29:29	13	02:56	0:39:32	13	-0:00:59	0	0:11:35	9	03:51	0:50:08
468	THE CRAZY FROGS	COMOX	12	F	32	14	0:08:43	13	0:02:18	12	0:35:01	14	03:30	0:46:02	14	-0:01:12	0	0:15:05	14	05:01	0:59:55
<b>Event 9 MINI Teams 12 - 14 years old Category 3 Mixed</b>																					
371	THE BOX SQUARES	COMOX	12	F	4	1	0:03:52	1	0:01:41	3	0:20:04	1	02:00	0:25:37	1	-0:00:45	0	0:10:09	1	03:23	0:35:01
414	JRT DRAGONS	COURTENAY	11	F	17	2	0:05:40	2	0:01:37	2	0:23:51	3	02:23	0:31:08	2	-0:00:55	0	0:11:24	3	03:48	0:41:37
418	DENMAN VINET'S TEAM	COMOX	12	M	20	3	0:08:22	5	0:01:16	1	0:21:39	2	02:09	0:31:17	3	0:01:07	2	0:10:50	2	03:36	0:43:14
398	THE CHEERIOS	COMOX	12	F	25	4	0:09:27	7	0:01:43	4	0:24:30	4	02:27	0:35:40	5	-0:00:59	1	0:12:01	5	04:00	0:46:42
452	TIGERS	COURTENAY	12	F	26	5	0:07:04	4	0:01:43	4	0:26:56	6	02:41	0:35:43	6	-0:00:31	0	0:11:36	4	03:52	0:46:48

Number	Name or Team Name	From	E P C P v i a l S w i m			T1 Time...Place	Bike Time...Place	Bike TPK	After Bike		T2 Time...Place	Run Time...Place	Run TPK	Total Time							
			A g e n t	S e a t	C e l e b r a t e				(or 1st Run for Duathlon)	Time...Place					Time...Place						
420	GIGGLE FACTOR 3000	COMOX	12	F	27	6	0:07:01	3	0:01:43	4	0:25:36	5	02:33	0:34:20	4	-0:00:59	0	0:13:50	6	04:36	0:47:11
442	DAILY CALCIUM INTAKE	NANAIMO	13	M	30	7	0:08:29	6	0:01:49	7	0:27:54	7	02:47	0:38:12	7	-0:00:56	0	0:13:56	7	04:38	0:51:12
<b>Event 9 MINI Teams 12 - 14 years old</b>			<b>Category 4 Family</b>																		
357	CAMPBELL RIVER TEAM	CAMPBELL RIVER47	M	16	1	0:07:03	1	0:01:43	1	0:19:12	1	01:55	0:27:58	1	-0:01:00	0	0:14:33	1	04:51	0:41:31	
<b>Event 9.1 MINI Teams 15 - 17 years old</b>			<b>Category 1 Males</b>																		
460	THE BACONATERS	COURTENAY	15	M	1	1	0:04:28	1	0:01:26	1	0:18:59	1	01:53	0:24:53	1	-0:00:47	0	0:09:59	1	03:19	0:34:05
<b>Event 9.1 MINI Teams 15 - 17 years old</b>			<b>Category 2 Females</b>																		
464	EILISH MCVEY'S TEAM	CUMBERLAND	15	F	3	1	0:06:32	1	0:01:36	1	0:23:05	1	02:18	0:31:13	1	-0:00:54	1	0:12:44	2	04:14	0:43:03
399	MEGGILANTHA	COMOX	15	F	4	2	0:08:20	2	0:01:44	2	0:26:08	2	02:36	0:36:12	2	-0:01:01	0	0:11:16	1	03:45	0:46:27
<b>Event 9.1 MINI Teams 15 - 17 years old</b>			<b>Category 3 Mixed</b>																		
424	BOA	COURTENAY	15	F	2	1	0:05:01	1	0:01:36	1	0:20:25	1	02:02	0:27:02	1	-0:00:52	0	0:09:45	1	03:15	0:35:55
<b>Event 9.1 MINI Teams 15 - 17 years old</b>			<b>Category 4 Family</b>																		
450	THE DENNIS GANG	COURTENAY	10	F	5	1	0:09:40	1	0:01:51	1	0:31:44	1	03:10	0:43:15	1	-0:01:04	0	0:20:06	1	06:42	1:02:17
<b>Event 10 SPRINT Individual Male Open</b>			<b>Category 1 15 - 16 years old</b>																		
089	CONNOR FOREMAN	VICTORIA	14	M	3	1	0:09:36	1	0:01:34	1	0:31:41	1	01:35	0:42:51	1	-0:00:20	0	0:23:26	1	04:41	1:05:57
<b>Event 10 SPRINT Individual Male Open</b>			<b>Category 2 17 - 19 years old</b>																		
095	HELGE KOOPMAN	COURTENAY	17	M	34	1	0:18:12	1	0:05:04	1	0:47:24	1	02:22	1:10:40	1	-0:02:06	0	0:28:15	1	05:39	1:36:49
<b>Event 10 SPRINT Individual Male Open</b>			<b>Category 3 20 - 24 years old</b>																		
096	NICK GOTTFRIED	VICTORIA	24	M	2	1	0:11:24	1	0:02:25	1	0:29:44	1	01:29	0:43:33	1	0:01:14	1	0:20:44	1	04:08	1:05:31
<b>Event 10 SPRINT Individual Male Open</b>			<b>Category 5 30 - 34 years old</b>																		
074	SRDJAN KAROLIC	LAZO	30	M	11	1	0:14:36	4	0:03:13	3	0:36:20	1	01:49	0:54:09	1	-0:01:36	0	0:22:03	3	04:24	1:14:36
102	RYAN STUART	COURTENAY	31	M	12	2	0:14:23	3	0:02:32	2	0:38:20	3	01:55	0:55:15	3	-0:01:28	0	0:21:31	1	04:18	1:15:18
106	JAMES WARREN	COMOX	32	M	14	3	0:14:22	2	0:02:29	1	0:37:27	2	01:52	0:54:18	2	-0:01:24	0	0:22:42	4	04:32	1:15:36
124	BRAD POWER	GANDER	30	M	16	4	0:14:01	1	0:03:27	4	0:38:30	4	01:55	0:55:58	4	-0:01:21	0	0:21:42	2	04:20	1:16:19
094	DUSTIN WILLIAMS	COURTENAY	31	M	31	5	0:14:37	5	0:04:01	5	0:40:42	5	02:02	0:59:20	5	0:01:17	1	0:28:14	5	05:38	1:28:51
<b>Event 10 SPRINT Individual Male Open</b>			<b>Category 6 35 - 39 years old</b>																		
007	GUY ST. DENIS	COMOX	39	M	5	1	0:11:56	1	0:01:37	1	0:32:29	2	01:37	0:46:02	1	0:00:59	2	0:21:53	1	04:22	1:08:54
125	JOHN VAN DER VLIET	COURTENAY	39	M	6	2	0:16:24	7	0:02:27	2	0:31:07	1	01:33	0:49:58	2	-0:01:39	0	0:22:33	2	04:30	1:10:52
033	IAN PENNEY	PITT MEADOWS	39	M	19	3	0:14:56	4	0:03:18	4	0:37:46	3	01:53	0:56:00	3	0:00:29	1	0:24:14	3	04:50	1:20:43
105	JASON FOREMAN	CUMBERLAND	36	M	20	4	0:13:04	2	0:04:11	9	0:41:17	6	02:03	0:58:32	5	-0:01:45	0	0:24:53	5	04:58	1:21:40
032	CHRISTIAN MORRISSETTE	LAZO	36	M	22	5	0:17:06	8	0:02:51	3	0:40:11	5	02:00	1:00:08	6	-0:01:53	0	0:24:40	4	04:56	1:22:55
082	CORY PERCIVALT	CAMPBELL RIVER35	M	25	6	0:14:30	3	0:03:32	5	0:38:51	4	01:56	0:56:53	4	-0:01:00	0	0:28:40	8	05:44	1:24:33	
013	DANIEL HANTON	COMOX	39	M	26	7	0:16:13	5	0:03:40	7	0:41:37	7	02:04	1:01:30	7	-0:02:49	0	0:26:57	7	05:23	1:25:38
122	MIKE QUARENGHI	COURTENAY	39	M	29	8	0:17:35	9	0:03:45	8	0:43:39	8	02:10	1:04:59	8	-0:02:49	0	0:25:45	6	05:09	1:27:55
064	ALAN RYDMAN	LAZO	38	M	37	9	0:16:19	6	0:03:37	6	0:48:20	9	02:25	1:08:16	9	-0:06:29	0	0:40:58	9	08:11	1:42:45
<b>Event 10 SPRINT Individual Male Open</b>			<b>Category 7 40 - 49 years old</b>																		
126	GARY MACGREGOR	COMOX	43	M	1	1	0:12:05	1	0:02:10	3	0:28:28	1	01:25	0:42:43	1	-0:00:46	0	0:19:43	2	03:56	1:01:40
107	KEN CLAUSEN	CAMPBELL RIVER44	M	4	2	0:13:01	3	0:01:46	1	0:33:57	4	01:41	0:48:44	4	-0:01:05	0	0:19:22	1	03:52	1:07:01	
088	PAUL LONG	COMOX	43	M	7	3	0:13:19	4	0:03:41	11	0:31:42	3	01:35	0:48:42	3	0:00:45	2	0:22:17	5	04:27	1:11:44
011	SCOTT HARRIS	PORT HARDY	40	M	8	4	0:13:37	6	0:02:24	4	0:30:58	2	01:32	0:46:59	2	0:02:29	3	0:22:53	6	04:34	1:12:21
139	CRAIG DALBOCK	CAMPBELL RIVER44	M	9	5	0:13:21	5	0:03:02	8	0:36:57	7	01:50	0:53:20	5	-0:02:17	0	0:22:10	4	04:26	1:13:13	
034	ROB GRANTHAM	COURTENAY	45	M	10	6	0:14:07	7	0:02:56	7	0:36:40	6	01:50	0:53:43	6	-0:00:59	0	0:21:02	3	04:12	1:13:46
104	BRENT ARMSTRONG	COURTENAY	41	M	15	7	0:12:58	2	0:02:46	6	0:38:12	9	01:54	0:53:56	7	-0:01:42	0	0:23:47	7	04:45	1:16:01
137	KRIS BAUCHMAN	CAMPBELL RIVER44	M	17	8	0:17:24	10	0:02:01	2	0:36:29	5	01:49	0:55:54	8	-0:01:11	0	0:23:54	8	04:46	1:18:37	
005	STEPHEN BEIRNES	COURTENAY	47	M	18	9	0:16:29	8	0:03:10	9	0:37:59	8	01:53	0:57:38	9	-0:01:58	1	0:24:18	9	04:51	1:19:58
004	TERRY BROWNE	CAMPBELL RIVER46	M	21	10	0:16:48	9	0:02:27	5	0:42:15	11	02:06	1:01:30	10	-0:03:35	0	0:24:44	10	04:56	1:22:39	
008	FABIAN POULIN	NANAIMO	45	M	32	11	0:18:38	11	0:03:12	10	0:40:59	10	02:02	1:02:49	11	-0:02:13	0	0:29:39	11	05:55	1:30:15
<b>Event 10 SPRINT Individual Male Open</b>			<b>Category 8 50 - 59 years old</b>																		
136	TOM WEBER	COURTENAY	51	M	13	1	0:14:19	2	0:02:53	2	0:36:45	1	01:50	0:53:57	1	-0:00:33	0	0:21:55	1	04:23	1:15:19
055	BERT HEERINGA	COMOX	51	M	23	2	0:15:10	4	0:03:11	3	0:38:51	3	01:56	0:57:12	2	-0:01:15	0	0:27:56	4	05:35	1:23:53

Number	Name or Team Name	From	E P C P v i a l S w i m A S e a t a g e n c e x t e r			(or 1st Run for Duathlon) Time...Place	T1 Time...Place	Bike		Bike		After Bike		T2 Time...Place	Run		Run TPK	Total Time			
			Time...Place	Time...Place	TPK			Time...Place	Time...Place	Time...Place	Time...Place	TPK									
085	MARK ELVIDGE	VANCOUVER	50	M	24	3	0:14:21	3	0:04:44	6	0:38:25	2	01:55	0:57:30	3	0:01:45	2	0:24:45	2	04:57	1:24:00
036	DEREK BRENCHLEY	COURTENAY	52	M	27	4	0:18:36	7	0:03:16	4	0:40:33	4	02:01	1:02:25	5	-0:01:21	0	0:25:15	3	05:03	1:26:19
035	DARCY WALTERS	COURTENAY	51	M	30	5	0:12:23	1	0:02:46	1	0:46:31	6	02:19	1:01:40	4	-0:01:08	1	0:28:17	6	05:39	1:28:49
014	TERRY HARRISON	COMOX	57	M	35	6	0:17:40	6	0:06:07	7	0:49:24	7	02:28	1:13:11	7	-0:02:01	0	0:28:06	5	05:37	1:39:16
121	TIM STOKES	NANAIMO	50	M	36	7	0:17:37	5	0:03:48	5	0:46:02	5	02:18	1:07:27	6	-0:02:05	0	0:35:46	7	07:09	1:41:08
<b>Event 10 SPRINT Individual Male Open</b>			<b>Category 9</b>			<b>60 - 69 years old</b>															
087	BARRY CARR	PARKSVILLE	63	M	28	1	0:18:04	2	0:03:46	2	0:42:01	1	02:06	1:03:51	1	-0:01:58	1	0:24:28	1	04:53	1:26:21
037	WAYNE BOYCE	COMOX	61	M	33	2	0:17:03	1	0:03:25	1	0:45:29	2	02:16	1:05:57	2	-0:03:15	0	0:31:44	2	06:20	1:34:26
<b>Event 10 SPRINT Individual Male Open</b>			<b>Category 91</b>			<b>70+ years old</b>															
012	PAUL HENDRICKS	PARKSVILLE	73	M	38	1	0:26:19	1	0:05:32	1	0:47:15	1	02:21	1:19:06	1	-0:03:26	0	0:41:02	1	08:12	1:56:42
<b>Event 11 SPRINT Individual Female Open</b>			<b>Category 1</b>			<b>15 - 16 years old</b>															
135	HANNAH NIELSEN	VICTORIA	14	F	1	1	0:11:11	2	0:01:51	2	0:34:12	1	01:42	0:47:14	1	-0:01:15	0	0:23:18	1	04:39	1:09:17
134	SCARLETT DESMARAIS	VICTORIA	15	F	3	2	0:10:46	1	0:01:36	1	0:36:16	2	01:48	0:48:38	2	-0:01:09	1	0:23:53	2	04:46	1:11:22
091	CAITLIN SAULSGIVER	SHAWNIGAN	15	F	11	3	0:11:36	3	0:01:51	2	0:40:18	3	02:00	0:53:45	3	-0:01:20	0	0:27:02	3	05:24	1:19:27
<b>Event 11 SPRINT Individual Female Open</b>			<b>Category 3</b>			<b>20 - 24 years old</b>															
031	KELSEY TUFNAIL	COURTENAY	23	F	12	1	0:13:01	4	0:03:04	2	0:38:58	1	01:56	0:55:03	1	-0:00:33	0	0:25:04	1	05:00	1:19:34
038	JENNY LOCK	COURTENAY	22	F	22	2	0:10:01	1	0:03:01	1	0:42:22	3	02:07	0:55:24	2	-0:01:08	1	0:29:56	3	05:59	1:24:12
110	KATE KUSS	COURTENAY	21	F	30	3	0:12:02	2	0:03:44	4	0:44:22	4	02:13	1:00:08	4	-0:01:17	0	0:28:55	2	05:47	1:27:46
090	KIM HOWELL	COMOX	20	F	40	4	0:12:48	3	0:03:08	3	0:41:52	2	02:05	0:57:48	3	0:02:50	2	0:31:44	4	06:20	1:32:22
<b>Event 11 SPRINT Individual Female Open</b>			<b>Category 4</b>			<b>25 - 29 years old</b>															
054	CRYSTAL DARGIE	COURTENAY	25	F	23	1	0:14:18	1	0:02:22	1	0:40:27	1	02:01	0:57:07	1	-0:00:46	1	0:27:58	1	05:35	1:24:19
039	SAMANTHA CARAM	COURTENAY	29	F	49	2	0:19:24	2	0:03:32	2	0:44:51	2	02:14	1:07:47	2	-0:02:13	0	0:34:40	2	06:56	1:40:14
<b>Event 11 SPRINT Individual Female Open</b>			<b>Category 5</b>			<b>30 - 34 years old</b>															
079	ANDREA PRAGER	COMOX	33	F	13	1	0:13:43	2	0:02:29	1		0	00:00	-2:17:34	0	0:39:42	3	0:24:13	1	04:50	1:20:07
072	ROBIN CUMING	COMOX	34	F	27	2	0:14:20	3	0:03:10	4	0:43:50	3	02:11	1:01:20	3	-0:01:39	0	0:27:34	2	05:30	1:27:15
040	RAE WALSH	COURTENAY	34	F	33	3	0:13:22	1	0:02:58	3	0:43:19	2	02:09	0:59:39	1	-0:02:28	1	0:30:53	4	06:10	1:28:04
081	CAROLINE COSSETTE	COURTENAY	31	F	38	4	0:15:45	4	0:02:54	2	0:41:07	1	02:03	0:59:46	2	-0:00:55	0	0:31:04	5	06:12	1:29:55
027	LORI DALBOCK	CAMPBELL RIVER	30	F	43	5	0:18:32	6	0:03:44	6	0:44:59	4	02:14	1:07:15	4	-0:02:03	0	0:30:03	3	06:00	1:35:15
101	JOSIE BOULDING	COURTENAY	34	F	50	6	0:16:41	5	0:03:28	5	0:49:12	5	02:27	1:09:21	5	0:00:16	2	0:31:09	6	06:13	1:40:46
<b>Event 11 SPRINT Individual Female Open</b>			<b>Category 6</b>			<b>35 - 39 years old</b>															
017	JENNIFER GILBERT	COURTENAY	35	F	2	1	0:11:27	2	0:01:53	1	0:30:01	1	01:30	0:43:21	1	0:03:39	1	0:23:09	2	04:37	1:10:09
127	SHANNON JONES	COMOX	38	F	6	2	0:14:21	4	0:02:39	4	0:37:26	2	01:52	0:54:26	2	0	0	0:21:30	1	04:18	1:15:56
030	TANIA POLLOCK	CAMPBELL RIVER	38	F	9	3	0:15:38	5	0:02:15	2	0:38:07	3	01:54	0:56:00	4	-0:01:32	0	0:24:46	3	04:57	1:19:14
041	JOCELYN JAY	COMOX	36	F	20	4	0:09:43	1	0:02:41	5	0:43:23	7	02:10	0:55:47	3	-0:02:14	0	0:30:00	6	06:00	1:23:33
042	VICKI PETRIE	COMOX	39	F	25	5	0:17:04	10	0:03:04	9	0:41:22	6	02:04	1:01:30	7	-0:01:57	0	0:26:05	4	05:13	1:25:38
043	LISA WALWORK	COURTENAY	39	F	26	6	0:13:21	3	0:02:55	7	0:40:44	5	02:02	0:57:00	5	-0:01:44	0	0:31:18	9	06:15	1:26:34
067	LANA TUCKER	CAMPBELL RIVER	37	F	34	7	0:16:38	8	0:02:50	6	0:40:07	4	02:00	0:59:35	6	-0:01:24	0	0:29:55	5	05:59	1:28:06
023	JACQUIE POULIN	NANAIMO	39	F	42	8	0:16:57	9	0:02:56	8	0:45:50	8	02:17	1:05:43	8	-0:01:32	0	0:30:07	7	06:01	1:34:18
132	SHANNON LEBEUF	ROYSTON	38	F	47	9	0:15:48	6	0:02:37	3	0:49:20	10	02:28	1:07:45	9	-0:01:14	0	0:30:27	8	06:05	1:36:58
065	REBECCA NURSE	LAZO	38	F	51	10	0:16:22	7	0:03:45	10	0:48:14	9	02:24	1:08:21	10	-0:02:41	0	0:37:10	10	07:26	1:42:50
<b>Event 11 SPRINT Individual Female Open</b>			<b>Category 7</b>			<b>40 - 49 years old</b>															
128	LORI MORGAN	SAANICHTON	48	F	4	1	0:14:13	6	0:02:08	3	0:34:37	2	01:43	0:50:58	2	-0:00:29	0	0:23:12	2	04:38	1:13:41
109	HEATHER CAMERON	VICTORIA	43	F	5	2	0:14:12	4	0:02:10	4	0:34:18	1	01:42	0:50:40	1	-0:00:57	0	0:25:40	7	05:08	1:15:23
045	PENNY MULLAN	COURTENAY	44	F	7	3	0:12:28	1	0:02:01	1	0:38:21	6	01:55	0:52:50	4	-0:01:31	0	0:25:57	8	05:11	1:17:16
138	COCO ELGOOD	COMOX	40	F	8	4	0:14:12	4	0:02:03	2	0:38:43	9	01:56	0:54:58	5	-0:00:31	0	0:24:24	4	04:52	1:18:51
015	LO LANNING	MERVILLE	42	F	10	5	0:13:49	3	0:02:50	10	0:35:06	3	01:45	0:51:45	3	-0:01:07	1	0:26:34	11	05:18	1:19:26
108	JANICE SCRIBA	CAMPBELL RIVER	43	F	14	6	0:15:19	11	0:03:01	14	0:37:31	4	01:52	0:55:51	6	-0:02:22	0	0:26:45	12	05:21	1:20:14
018	LYNNE GUNNING	CAMPBELL RIVER	48	F	15	7	0:15:25	12	0:02:42	8	0:38:35	8	01:55	0:56:42	8	-0:01:29	0	0:25:34	6	05:06	1:20:47
025	ANNA DIEDRICKSEN	COMOX	41	F	17	8	0:16:25	13	0:02:39	7	0:38:30	7	01:55	0:57:34	9	-0:01:28	0	0:24:58	5	04:59	1:21:04
083	SANDRA MURPHY	CAMPBELL RIVER	45	F	18	9	0:15:16	10	0:02:57	13	0:40:08	11	02:00	0:58:21	12	-0:00:13	0	0:23:27	3	04:41	1:21:35
056	KAREN SILVESTER	COURTENAY	41	F	19	10	0:14:28	8	0:03:57	19	0:37:43	5	01:53	0:56:08	7	-0:01:16	0	0:28:39	14	05:43	1:23:31
022	MICHELLE JAMES	NANAIMO	40	F	24	11	0:15:11	9	0:02:53	11	0:39:40	10	01:59	0:57:44	10	-0:01:51	0	0:29:04	15	05:48	1:24:57
020	LIZA GRANT	COURTENAY	42	F	29	12	0:18:46	17	0:02:37	5	0:41:13	13	02:03	1:02:36	14	-0:01:29	0	0:26:20	10	05:16	1:27:27
044	ELLEN VANDERLAAN	COURTENAY	40	F	32	13	0:19:55	20	0:03:25	16	0:43:41	15	02:11	1:07:01	16	-0:01:12	0	0:22:10	1	04:26	1:27:59

Number	Name or Team Name	From	E P C P v i a l S w i m			T1 Time...Place	Bike Time...Place	Bike TPK	After Bike Time...Place	T2 Time...Place	Run Time...Place	Run TPK	Total Time								
			A g e e	S e x	C a t e g o r y																
058	LESLIE DARGIE	COURTENAY	49	F	35	14	0:14:18	7	0:02:53	11	0:40:39	12	02:01	0:57:50	11	-0:01:16	0	0:32:02	19	06:24	1:28:36
069	SANDRA ROWLAND	COURTENAY	47	F	36	15	0:12:47	2	0:02:38	6	0:46:59	20	02:20	1:02:24	13	-0:01:22	0	0:28:08	13	05:37	1:29:10
019	DIANNE HARRIS	PORT HARDY	41	F	39	16	0:19:12	18	0:03:16	15	0:45:11	17	02:15	1:07:39	19	-0:01:43	0	0:26:03	9	05:12	1:31:59
084	CINDY ALGUIRE	CAMPBELL RIVER	41	F	44	17	0:19:50	19	0:02:49	9	0:44:32	16	02:13	1:07:11	17	-0:01:22	0	0:30:13	16	06:02	1:36:02
057	MARNIE VAN DER VLIET	COURTENAY	41	F	45	18	0:16:46	14	0:03:43	17	0:43:31	14	02:10	1:04:00	15	-0:02:04	0	0:34:28	20	06:53	1:36:24
048	MAUREEN CHRISTENSEN	CAMPBELL RIVER	45	F	46	19	0:17:14	16	0:04:02	20	0:46:10	19	02:18	1:07:26	18	-0:02:13	0	0:31:38	18	06:19	1:36:51
016	RUTH HUXHAM	CAMPBELL RIVER	46	F	48	20	0:21:55	21	0:03:43	17	0:45:42	18	02:17	1:11:20	20	-0:02:24	0	0:30:37	17	06:07	1:39:33
029	KATHY THOMPSON	PORT ALBERNI	41	F	52	21	0:17:10	15	0:05:06	21	0:49:22	21	02:28	1:11:38	21	-0:02:06	0	0:34:34	21	06:54	1:44:06
<b>Event 11 SPRINT Individual Female Open</b>													<b>Category 8</b>			<b>50 - 59 years old</b>					
111	DEBBIE LEGER	CAMPBELL RIVER	52	F	21	1	0:15:26	2	0:03:17	2	0:39:02	1	01:57	0:57:45	1	-0:02:08	0	0:28:23	3	05:40	1:24:00
026	LINDA NAGLE	CAMPBELL RIVER	55	F	27	2	0:15:31	3	0:03:20	3	0:39:29	2	01:58	0:58:20	2	-0:00:49	1	0:29:44	4	05:56	1:27:15
133	ZINA RICHMOND	COMOX	50	F	31	3	0:15:39	4	0:02:58	1	0:45:17	5	02:15	1:03:54	4	-0:01:59	0	0:25:53	2	05:10	1:27:48
059	KAREN MACDONALD	COURTENAY	51	F	37	4	0:17:28	6	0:03:26	4	0:44:37	4	02:13	1:05:31	5	-0:02:00	0	0:25:51	1	05:10	1:29:22
100	SHELLEY SANDERSON	COMOX	57	F	41	5	0:14:55	1	0:04:04	7	0:40:35	3	02:01	0:59:34	3	0:03:04	2	0:30:24	5	06:04	1:33:02
131	CLAIRE MOGLOVE	CAMPBELL RIVER	55	F	53	6	0:20:15	8	0:03:46	5	0:49:40	7	02:29	1:13:41	6	-0:02:19	0	0:35:44	8	07:08	1:47:06
021	LINDA KENDRICK	CAMPBELL RIVER	55	F	54	7	0:26:09	9	0:04:33	9	0:48:02	6	02:24	1:18:44	9	-0:02:40	0	0:31:08	6	06:13	1:47:12
071	SILVIA D'ARCANGELO	COURTENAY	56	F	55	8	0:18:47	7	0:03:49	6	0:53:14	8	02:39	1:15:50	8	-0:01:52	0	0:34:55	7	06:59	1:48:53
070	CAROL CHAMPION	CUMBERLAND	50	F	56	9	0:17:23	5	0:04:27	8	0:53:56	9	02:41	1:15:46	7	-0:01:57	0	0:37:40	9	07:32	1:51:29
<b>Event 11 SPRINT Individual Female Open</b>													<b>Category 9</b>			<b>60 - 69 years old</b>					
060	BONNY ERVIN	ROYSTON	61	F	15	1	0:15:53	1	0:02:34	1	0:37:38	1	01:52	0:56:05	1	-0:00:41	0	0:25:23	1	05:04	1:20:47
<b>Event 12 SPRINT Team 15 - 18</b>													<b>Category 1</b>			<b>Males</b>					
116	BIG BOY S	COMOX	17	M	1	1	0:09:43	1	0:01:18	1	0:35:35	1	01:46	0:46:36	1	-0:00:41	0	0:19:33	1	03:54	1:05:28
<b>Event 13 SPRINT Team Open</b>													<b>Category 1</b>			<b>Males</b>					
117	FOUR WAY TEST	COMOX	49	M	5	1	0:15:10	1	0:02:15	1	0:49:39	1	02:28	1:07:04	1	-0:03:05	0	0:21:02	1	04:12	1:25:01
<b>Event 13 SPRINT Team Open</b>													<b>Category 2</b>			<b>Females</b>					
113	KNARLY RAINBOW STUMPS	COURTENAY	19	F	3	1	0:11:30	1	0:02:04	1	0:44:33	1	02:13	0:58:07	1	-0:00:50	0	0:20:48	1	04:09	1:18:05
<b>Event 13 SPRINT Team Open</b>													<b>Category 3</b>			<b>Mixed</b>					
114	CHRISTINE HELPARD'S TEAM	COMOX	40	F	1	1	0:12:48	1	0:01:40	1	0:29:36	1	01:28	0:44:04	1	0:01:54	1	0:25:44	1	05:08	1:11:42
<b>Event 13 SPRINT Team Open</b>													<b>Category 4</b>			<b>Family</b>					
112	TEAM TRI-IT	LANTZVILLE	39	F	4	1	0:15:20	1	0:01:43	1		0	00:00	-1:55:44	0	0:40:03	1	0:27:32	1	05:30	1:24:38
<b>Event 13 SPRINT Team Open</b>													<b>Category 5</b>			<b>50+</b>					
115	PERFECT STRANGERS	COURTENAY	64	M	2	1	0:14:26	1	0:02:00	1	0:35:44	1	01:47	0:52:10	1	-0:00:53	0	0:20:46	1	04:09	1:12:03
<b>Event 16 Duathlon</b>													<b>Category 1</b>			<b>Males</b>					
129	NICOLAS RUEL	KINGSTON	30	M	1	1	0:18:09	1	0:01:07	1	0:36:09	1	01:48	0:55:25	1	-0:01:30	0	0:19:13	1	03:50	1:13:08
130	COR COE	COURTENAY	53	M	6	2	0:24:08	2	0:01:12	2	0:43:56	2	02:11	1:09:16	2	-0:01:44	1	0:28:11	2	05:38	1:35:43
<b>Event 16 Duathlon</b>													<b>Category 2</b>			<b>Females</b>					
061	BARB HOULE	COURTENAY	51	F	2	1	0:22:45	2	0:01:24	5	0:40:06	2	02:00	1:04:15	2	-0:01:55	1	0:25:11	2	05:02	1:27:31
118	VERONIQUE DION	COMOX	29	F	3	2	0:22:14	1	0:01:21	4	0:41:24	3	02:04	1:04:59	3	-0:01:47	0	0:25:02	1	05:00	1:28:14
120	SUSAN STEWART	DENMAN ISLAND	46	F	4	3	0:24:13	3	0:01:12	1	0:41:26	4	02:04	1:06:51	4	-0:01:41	0	0:27:01	4	05:24	1:32:11
093	JOLI WHITE	COURTENAY	31	F	5	4	0:24:15	4	0:01:12	1	0:35:18	1	01:45	1:00:45	1	0:07:04	2	0:25:50	3	05:10	1:33:39
053	HELEN MASON	COURTENAY	?	F	7	5	0:28:35	5	0:01:15	3	0:46:46	5	02:20	1:16:36	5	-0:01:48	0	0:30:08	5	06:01	1:44:56